

# Three Modern Dances



*One Step: Hesitation: Tango*

# 3 Modern Dances

*Illustrated by  
Motion Picture.*

*The*

ONE-STEP  
HESITATION  
*and* TANGO

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Compliments of  
Victor Talking Machine Co.  
Camden, N. J.

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From the collection of Richard Powers

# Vernon Castle's Announcement to the Public



MRS. VERNON CASTLE



MR. VERNON CASTLE

CASTLE HOUSE  
26 EAST 46TH STREET  
NEW YORK

March 2, 1914.

The superiority of the Victor & Victor Records is so apparent that Mrs. Castle and I, after a thorough trial of other sound reproducing instruments, have decided to use the Victor & Victor Records exclusively at Castle House.

Mrs. Castle and I find the Victrola practically indispensable, while the quality of music it supplies during class work is so satisfactory that our pupils are as enthusiastic regarding the Victrola as we are ourselves.

I also take great pleasure in announcing that I have given to the Victor Company the exclusive services of the Castle House orchestra for the making of dance records, and also that I will personally superintend the making of Victor Dance Records.

*Vernon Castle*

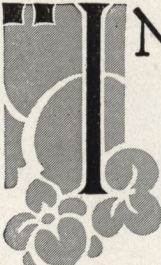
TELEPHONE 947 MURRAY

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# INTRODUCTION

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 **I**N response to repeated requests for simple instructions that will help the beginner to learn the One-Step, Hesitation and Tango, the Victor Talking Machine Company presents this booklet of definite suggestions, illustrated by moving picture poses, which in conjunction with the perfect rhythm of Victor dance records, should make it no very difficult task to learn the steps of these dances.

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*The* ONE-STEP



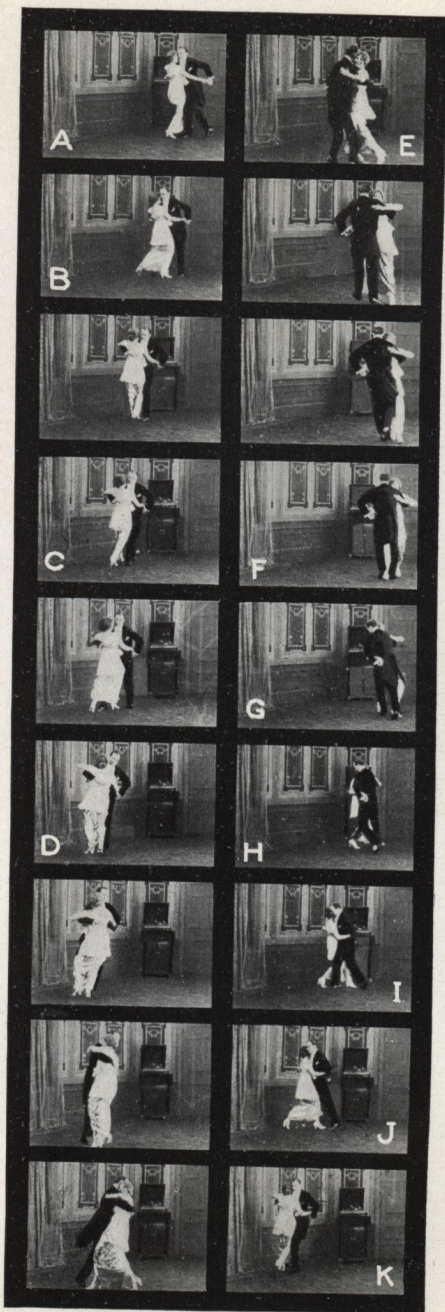
MR. AND MRS. VERNON CASTLE  
DANCING THE ONE-STEP

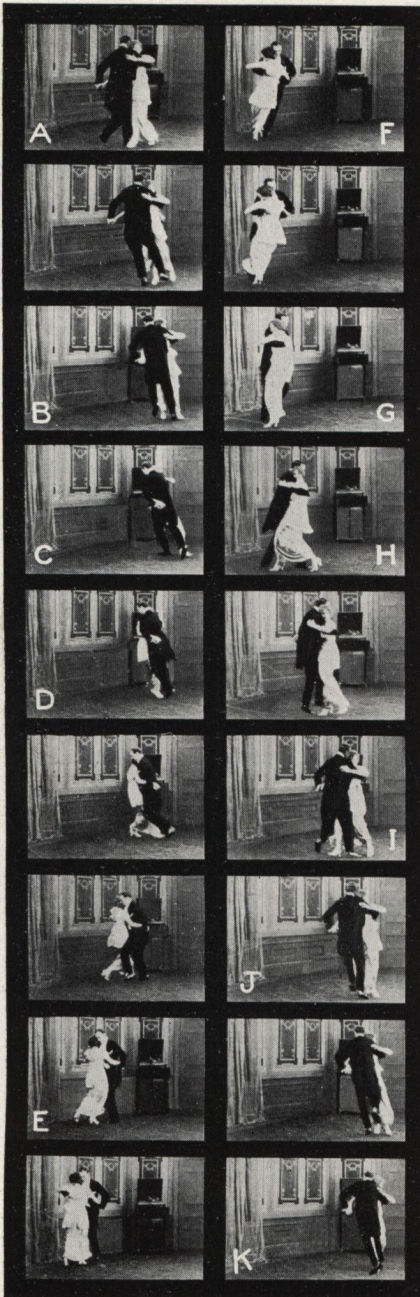
PHOTO. HILL'S STUDIO, N. Y.

# Castle Walk

In this step, both man and woman walk stiff-legged, rising on the balls of the feet, man walking forward, woman backward, swaying shoulders slightly.

Each series in these photographs A to B, B to C, C to D, etc., represent the change in position of feet as couple performs this step.





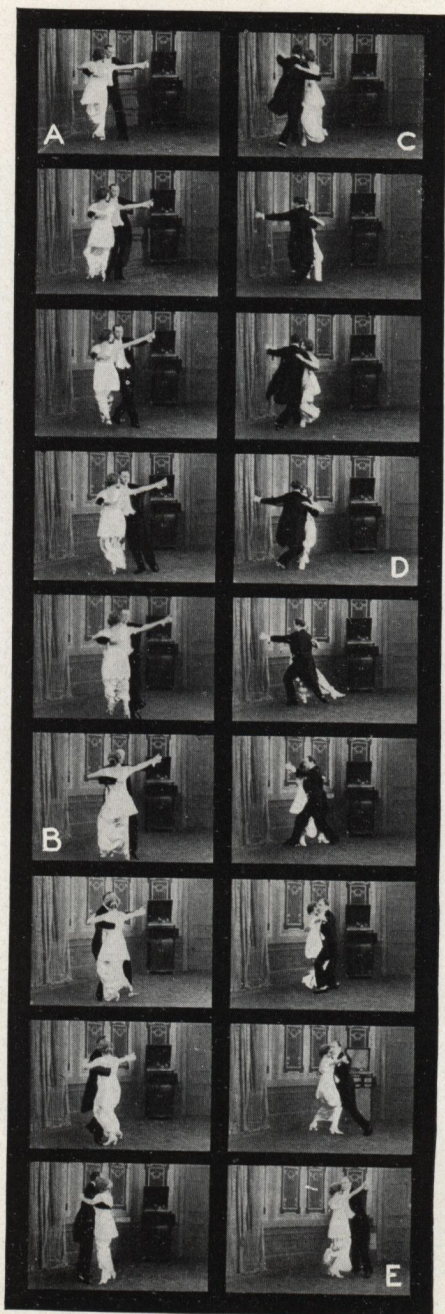
Pony Step

This step is performed in the same manner as the Castle Walk, man going forward, woman backward, both man and woman making a slight hop on each step. Man goes forward on left foot, woman back with right, man hopping slightly on left foot, woman on right (Series A to B) then man forward with right foot, woman back with left, man hopping slightly with right foot, woman with left (B to C).

Other series C to D, D to E, etc., represent each change of feet in performing this step.

## Reverse Dip Step

In this step, the man holds the woman out at his right side, man facing forward, woman backward. Man walks forward beginning with left foot, woman backward with right, walking 1-2-3 (See series A to B) man throwing weight on right foot, starting back on left foot walks 1-2-3 (B to C) man dipping on right foot, woman on left (C to D) and repeat, man beginning with left foot, woman with right, walking 1-2-3 (D to E.)







MR. AND MRS. VERNON CASTLE  
DANCING THE ONE-STEP

PHOTO HILL'S STUDIO, N Y

## Get-Over Step

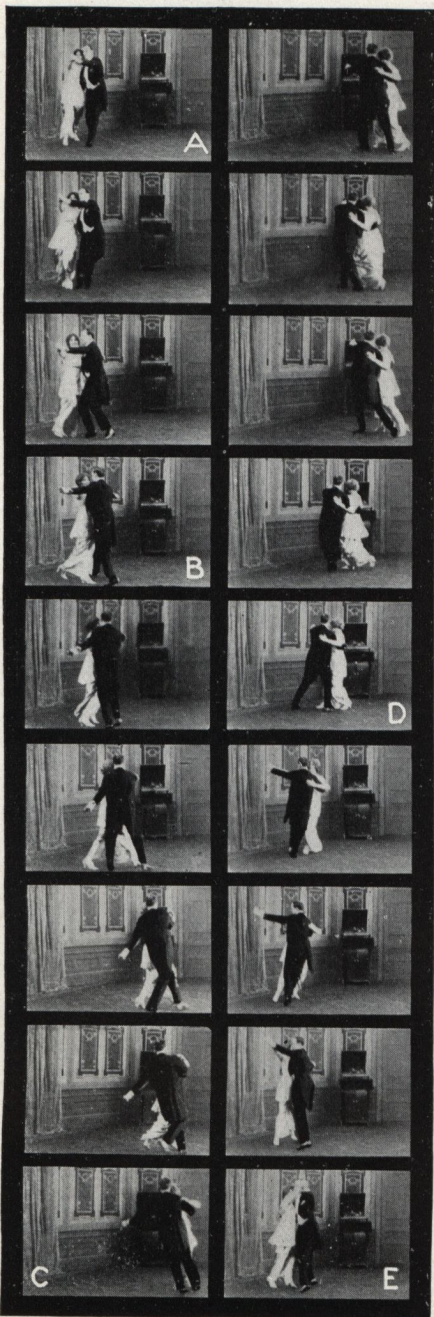
### *Man's Part—*

Starting with left foot, man walks 1-2 (See series A to B) crosses left foot over right (B to C) shifting weight from left to right, back to left, counting 1-2-3 (C to D) walking forward on right, kicking with left (keeping knee of left leg straight)(D to E) forward on left kicking with right (E to F) forward on right, weight on right foot, turning in and facing partner drawing left foot (F to G) then weight on left foot drawing right (G to H.)

### *Woman's Part—*

Starting with right foot woman walks 1-2 (A to B) crosses right foot over left (B to C) shifting weight from right foot to left back to right counting 1-2-3 (C to D) then walking forward on left kicking with right (D to E) forward on right kicking with left (E to F) turning in and facing partner weight on left foot drawing right (F to G) weight on right drawing left (G to H.)





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One-Step

## Cross Eight Swing



Man starts with left foot, woman with right walking forward 1-2-3 (A to B) both man and woman turning in on third step walking forward, man beginning with right, woman with left walking 1-2-3, both man and woman turning in on third count (B to C) walking forward, man with left woman with right 1-2-3 (C to D.)

Series D to E shows the beginning of another step.

# VICTOR RECORDS OF THE ONE-STEP

Title	Artist	No.	Size	Price
The International Rag— Medley One-step or Trot..	Military Band	17487	10	.75
Bobbin' Up and Down—Med- ley One-step or Trot.....	Military Band			
He'd Have to Get Under— Get Out and Get Under— One-step or Trot. ....	Military Band	35348	12	1.25
There's a Girl in the Heart of Maryland — Medley One- step or Trot.....	Military Band			
On the Honeymoon Express —Medley One-step or Trot	Military Band	17489	10	.75
The Junk Man Rag—One- step or Two-step.....	Military Band			
Leg of Mutton—One-step or Trot (Le Gigot).....	Military Band	17520	10	.75
Some Smoke—One-step or Trot (De la Fumée) ....	Military Band			
Peg o' My Heart—One-step or Trot.....	Military Band	35362	12	1.25
The Horse Trot—One-step or Trot .....	Military Band			
Too Much Mustard—One- step or Trot.....	Military Band	17292	10	.75
Gertrude Hoffmann Glide.....	Military Band			
In My Harem — Medley One-step .....	Military Band	17325	10	.75
That's How I Need You— Medley Waltz.....	Military Band			
The Horse Trot—One-step Down Home Rag—One-step or Trot.....	Military Band	17340	10	.75
The Trail of the Lonesome Pine Medley One-step or Trot	Military Band			
I'm Going Back to Memphis, Tennessee—Medley One- step.....	Military Band	35302	12	1.25
Too Much Mustard (Tres Moutarde) One-step or Trot	Military Band			
Down Home Rag (One-step or Trot).....	Europe's Society Orchestra	35359	12	1.25
	Europe's Society Orchestra			

*For other records of the One-Step—Ask your dealer for complete list  
of Victor Dance Records*

*The* HESITATION



MR. AND MRS. VERNON CASTLE  
DANCING THE HESITATION WALTZ

PHOTO. HILL'S STUDIO N. Y.

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## Hesitation Waltz

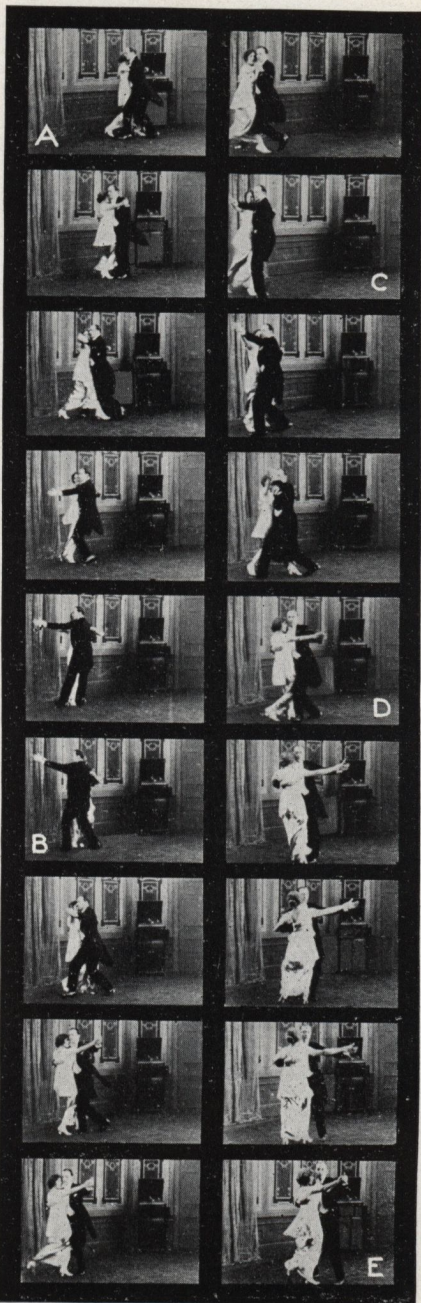
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### *Man's Part—*

Man starts waltzing with right foot back, waltzing 1-2-3, hesitating on left foot 1—holding 2-3 See series (A to B) and repeat (B to C) repeating (C to D) repeating again (D to E) making quarter turns.

### *Woman's Part—*

Woman starts waltzing left foot forward, waltzing 1-2-3, hesitating on right foot and holding 2-3 (See series A to B) repeating (B to C) repeating (C to D) repeating again (D to E) making quarter turns.



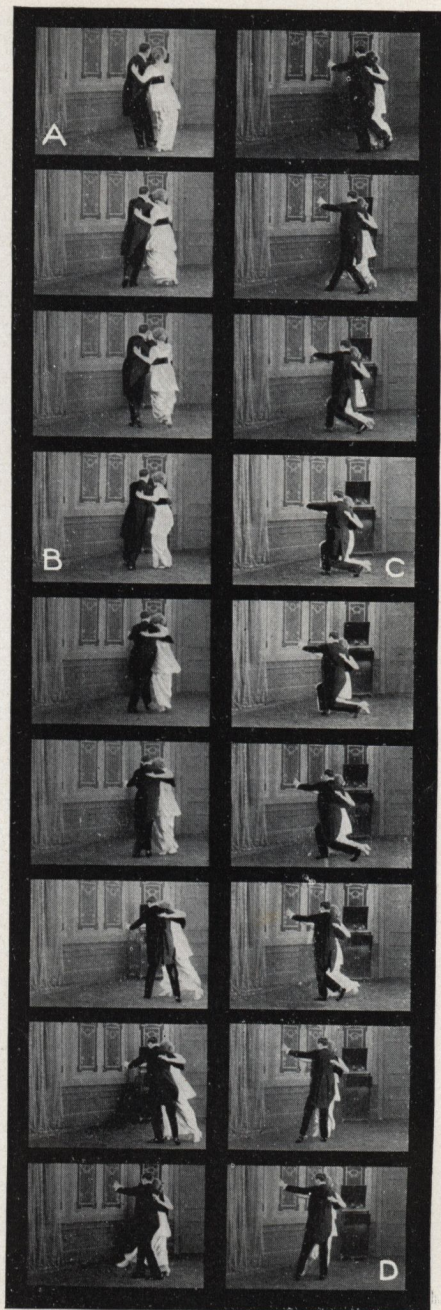
Side  
Hesitation



This step is danced by using the same step as the basic step in the hesitation, both man and woman waltzing 1-2-3, man hesitating on left foot, holding 2-3, woman hesitating on right foot, holding 2-3, both man and woman waltzing back and forward. When man goes forward, woman goes back (See series A to B) when man goes back, woman goes forward (B to C.) The man is always on the inside; the woman on the outside.

# Skating Dip Step

This is a running step, both man and woman starting with inside foot, man with right, woman with left, running 1-2-3, dipping, man with left, woman with right 1—holding 2-3. (See series A to B) repeating (B to C) and repeating again (C to D.)







ONE OF MRS. CASTLE'S FAVORITE PICTURES

PHOTO. HILL'S STUDIO, N. Y.

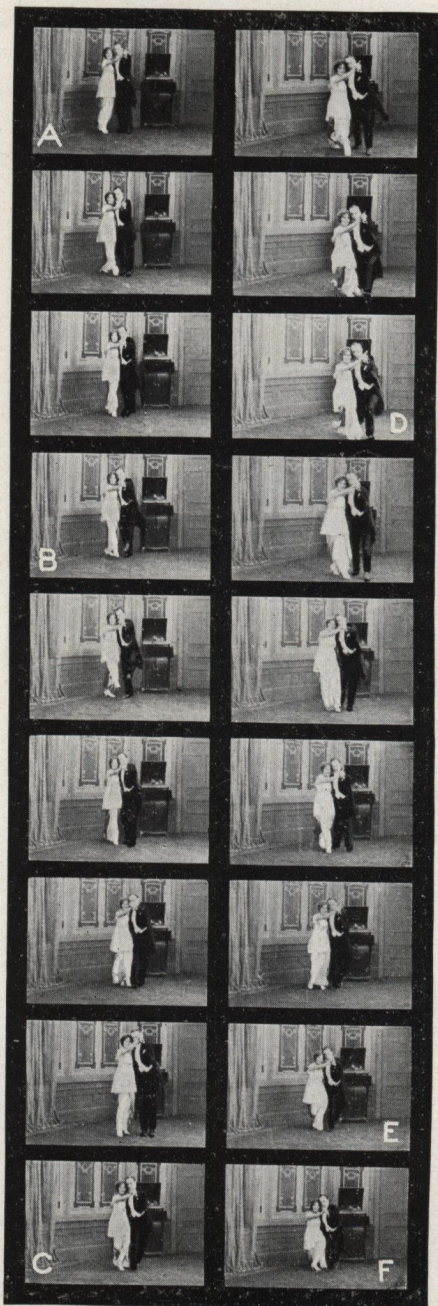
Hesitation  
Balance  
with Dip

*Man's Part—*

Man balances back on right foot (Series A to B) starting with left foot forward walking 1-2-3 (B to C) dipping on right (C to D) back on right 1-2-3 (D to E) dipping on right (E to F) and repeat.

*Woman's Part—*

Woman balances back on left foot (A to B) forward beginning with right foot 1-2-3 (B to C) dipping on left foot (C to D) back on left foot 1-2-3 (D to E) dipping on left (E to F) and repeat.



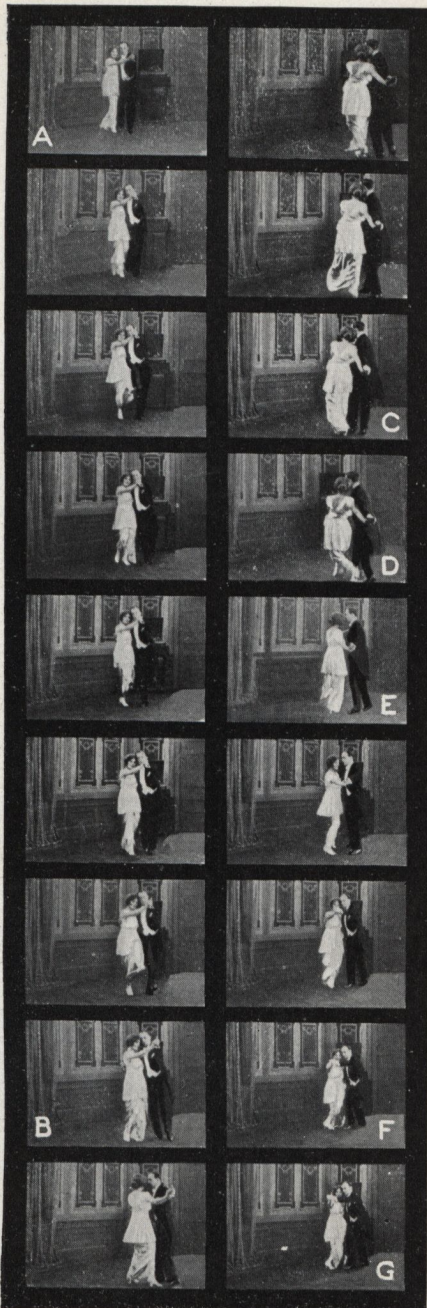
Hesitation  
Walking Dip  
and Reverse

*Man's Part—*

Man starting with left foot, walks 1-2-3-4 (See series A to B) making a full turn, turning in towards partner (B to C) dipping on left foot (C to D) starting with right foot, walking 1-2 (D to E) making a full turn (E to F) turning in towards partner, dipping on right foot (F to G) and repeat.

*Woman's Part—*

Starting with right foot woman walks 1-2-3-4 (See series A to B) making a full turn, turning in towards partner (B to C) dipping on right foot (C to D) starting with left foot, walking 1-2 (D to E) making full turn turning in towards partner (E to F) dipping on left foot (F to G.)



# VICTOR RECORDS OF THE HESITATION WALTZ

Title	Artist	No.	Size	Price
Girl on the Film—Hesitation Waltzes.....	Military Band	} 35361	12	1.25
Adele Waltzes—Hesitation or Boston.....	Military Band			
Admiration—Waltz Hesitation.....	Military Band	} 17524	10	.75
Toreador—One-step or Trot....	Military Band			
Dreams of Childhood—Waltz Hesitation.....	Military Band	} 17466	10	.75
Sanley Tango (from "When Dreams Come True").....	Military Band			
Isle d'amour—Waltz Hesitation.....	Military Band	} 35346	12	1.25
The Flower Garden Ball—Trot	Military Band			
Espana—Waltz Hesitation	Military Band	} 35347	12	1.25
Hydropaten Waltz (with Bells)	Conway's Band			
Maurice Hesitation Waltz (L'hésitation).....	Military Band	} 35355	12	1.25
The Poem (La Poème) (Hesitation or Boston)....	Military Band			
Miss Caprice—Hesitation or Boston.....	Military Band	} 35319	12	1.25
Marriage Market—Hesitation or Boston.....	Military Band			
Nights of Gladness—Hesitation or Boston.....	Military Band	} 35304	12	1.25
Maori—Tango.....	Military Band			
Dreaming—Hesitation or Boston.....	Military Band	} 35295	12	1.25
In the Golden West Medley—One-step.....	Military Band			

*For other records of the Hesitation—Ask your dealer for complete list of Victor Dance Records*

 *The* TANGO



MR. AND MRS. VERNON CASTLE  
DANCING THE TANGO

PHOTO. HILL'S STUDIO, N. Y.

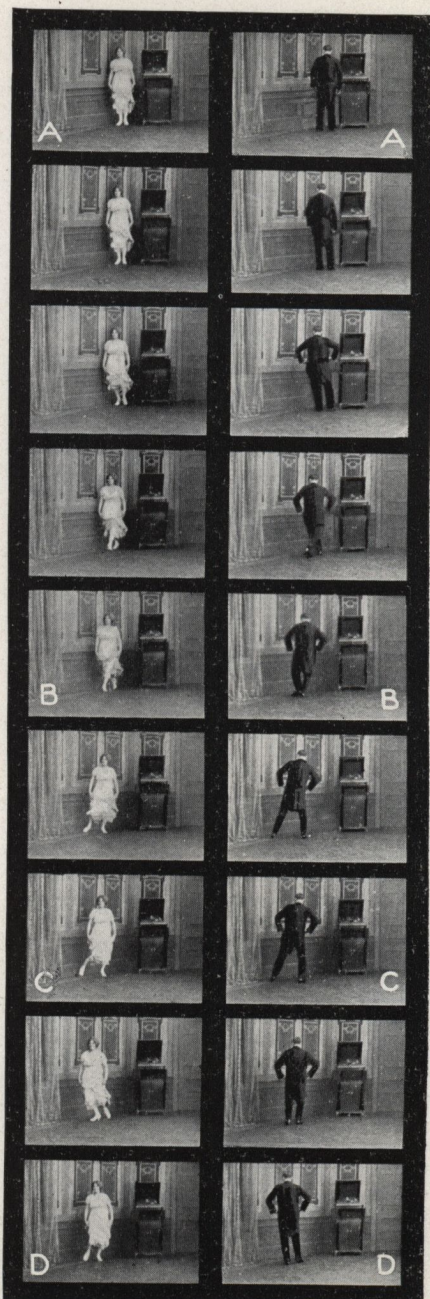
# Cortez Step

## Woman's Part—

Left foot forward counting 1— (A to B) right foot out to side shifting weight to right and back to left counting 2-3 (B to C) right foot forward counting four (C to D) holding fifth count.

## Man's Part—

Right foot back counting 1— (A to B) left foot out to side shifting weight to left and back to right counting 2-3 (B to C) left foot back (C to D) counting four and holding for fifth count.



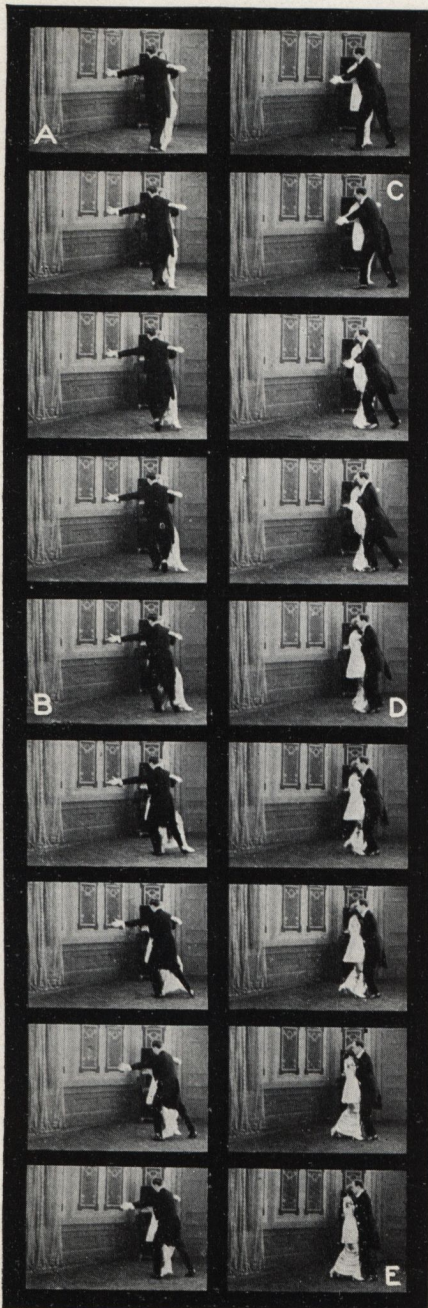
Cortez  
Step (Continued)

*Man's Part—*

Right foot back (A to B) left foot out to side shifting weight to left and back to right (B to C) holding right foot (C to D) and repeat (D to E.)

*Woman's Part—*

Left foot forward (A to B) right foot out to side shifting weight to right and back to left (B to C) holding left foot (C to D) and repeat (D to E.)



Tango

Seven  
Step

*Man's Part—*

Man walks forward beginning with left foot, walking 1-2-3 (A to B) left foot in back of right swinging foot out to side putting weight on left foot (B to C) then shift weight to right and turn in facing partner (C to D) place left foot in front of right turning out (D to E.)

*Woman's Part—*

Beginning with right foot woman walks forward 1-2-3 (A to B) right foot in back of left putting weight on right foot (B to C) then weight on left foot turning in with right foot in front of left (C to D) turning out and repeat (D to E.)





Media  
de Luna

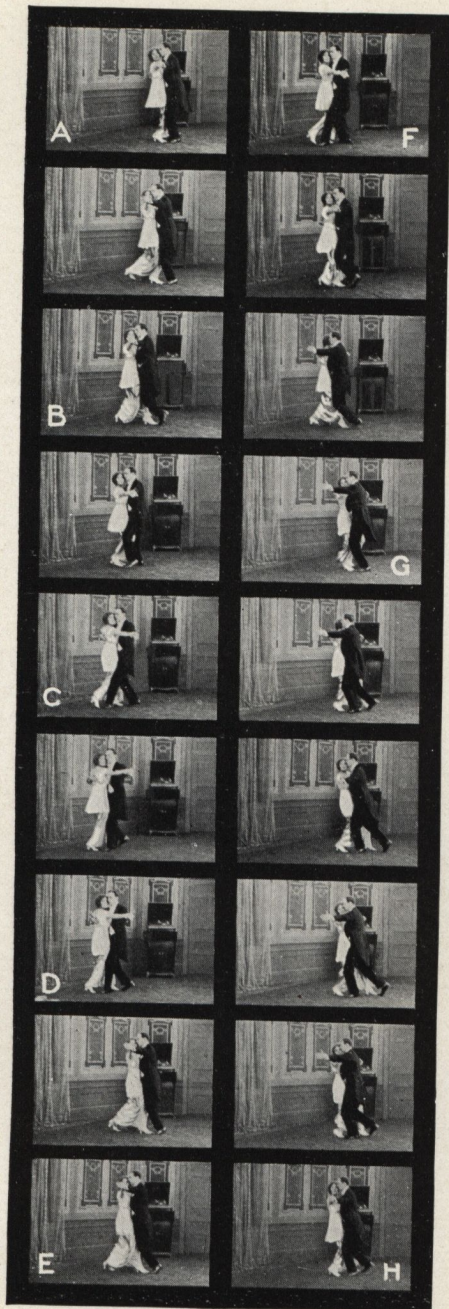
*Man's Part—*

Man starts forward with right foot (A to B) left foot in front of right putting weight on it (B to C) weight back on right (C to D) left foot back of right putting weight on it (D to E) right foot back of left putting weight on it (E to F) shifting weight back to left foot (F to G) and repeat.

*Woman's Part—*

Woman starts forward with left foot (A to B) right foot in front of left putting weight on it (B to C) weight back on left (C to D) right foot back of left putting weight on it (D to E) left foot back of right putting weight on it (E to F) shifting weight back to right foot (F to G) and repeat.

G to H show the couple beginning another step.



# VICTOR RECORDS OF THE TANGO

Title	Artist	No.	Size	Price
Irresistible—Tango Argentine	Military Band	17526	10	.75
Brazilian Dreams — Tango Argentine. . . . .	Military Band			
Santley Tango (from "When Dreams Come True") . . . . .	Military Band	17466	10	.75
<i>Dreams of Childhood—Waltz Hesitation</i> . . . . .	<i>Military Band</i>			
Argentine Tango . . . . .	Military Band	17276	10	.75
<i>Row, Row, Row Medley—One-step</i> . . . . .	<i>Military Band</i>			
Maori—Tango . . . . .	Military Band	35304	12	1.25
<i>Nights of Gladness—Hesitation</i>	<i>Military Band</i>			
La Rumba—Tango . . . . .	Military Band	17439	10	.75
<i>Bagdad—Two-step</i> . . . . .	<i>Military Band</i>			
Maurice Tango . . . . .	Military Band	17277	10	.75
<i>On the Mississippi—Medley One-step or Trot</i> . . . . .	<i>Military Band</i>			
Sunshine Girl Tango . . . . .	Military Band	17319	10	.75
<i>Haunting Rag—One-step or Trot</i>	<i>Military Band</i>			
Tango Land — (Novelty Dance) . . . . .	Military Band	17324	10	.75
<i>At Uncle Tom's Cabin Door—Medley One-step or Trot</i> . . . . .	<i>Military Band</i>			
Tango Medley, No. 2 (Favorite South American Tangos) . . . . .	Military Band	17406	10	.75
Tango Criollo (Argentine Creole Tango) . . . . .	Victor Orches.			
Tango Medley . . . . .	Military Band	35309	12	1.25
<i>Honeymoon Express — Medley One-step or Trot</i> . . . . .	<i>Military Band</i>			

*For other Records of the Tango—Ask your dealer for complete list  
of Victor Dance Records*

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# Mr. and Mrs. Vernon Castle's Suggestions

## For Correct Dancing

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Do not wriggle the shoulders.

Do not shake the hips.

Do not twist the body.

Do not flounce the elbows.

Do not pump the arms.

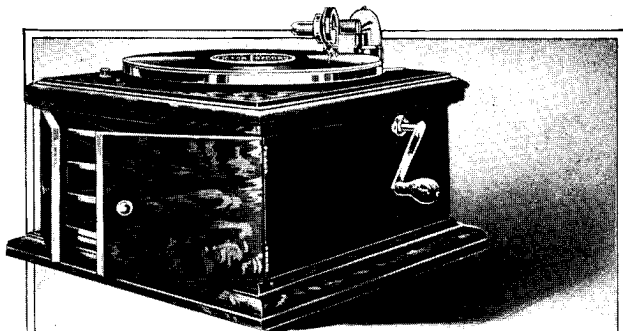
Do not hop—glide instead.

Avoid low, fantastic and acrobatic dips.

Stand far enough away from each other to allow free movement of the body in order to dance gracefully and comfortably.

The gentleman should rest his hand lightly against lady's back, touching her with the finger tips and wrist only, or, if preferred, with the inside of the wrist and back of the thumb.

The gentleman's left hand and forearm should be held up in the air parallel with his body, with the hand extended, holding the lady's hand lightly on his palm. The arm should never be straightened out.

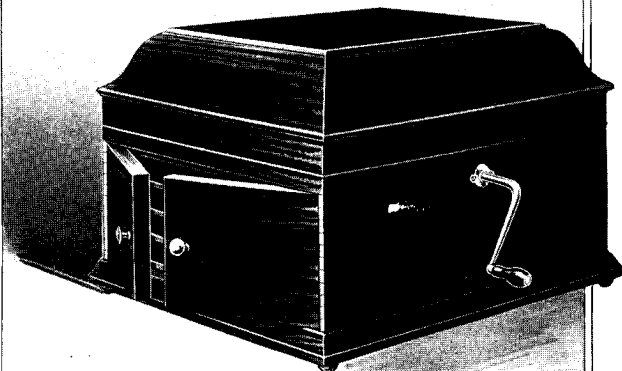


**VICTROLA IV—\$15.00** (Similar to Victrola VI)

Oak cabinet; 7  $\frac{3}{16}$  inches high, 12  $\frac{1}{4}$  inches wide, 13  $\frac{9}{16}$  inches deep. 10-inch turntable. Nickel-plated Exhibition sound-box, Victor tapering tone arm and "goose neck" sound-box tube brake and speed regulator. Single spring spiral drive motor (can be wound while playing.) All metal parts nickel-plated.

**VICTROLA VI—\$25.00**

Oak cabinet, 8  $\frac{19}{32}$  in. high, 15  $\frac{3}{8}$  in. wide, 15  $\frac{5}{16}$  in. deep. 12-in. turntable. Nickel-plated Exhibition sound-box, Victor tapering tone arm and "goose neck" sound-box tube, brake and speed regulator. Double spring, spiral drive motor (can be wound while playing.) All metal parts nickel-plated.



**VICTROLA VIII—\$40.00** (Similar to Victrola IX)

Oak cabinet, 13  $\frac{11}{16}$  inches high, 15  $\frac{1}{2}$  inches wide, 19  $\frac{3}{16}$  inches deep. 10-inch turntable. Nickel-plated Exhibition sound box, Victor tapering tone arm and "goose neck" sound-box tube, brake and speed regulator. Double spring, spiral drive motor (can be wound while playing.) All metal parts nickel-plated.

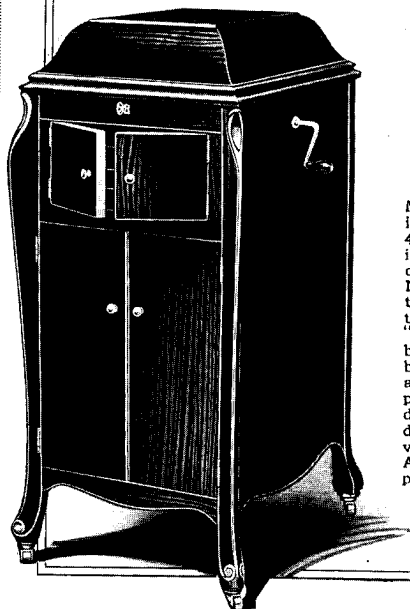
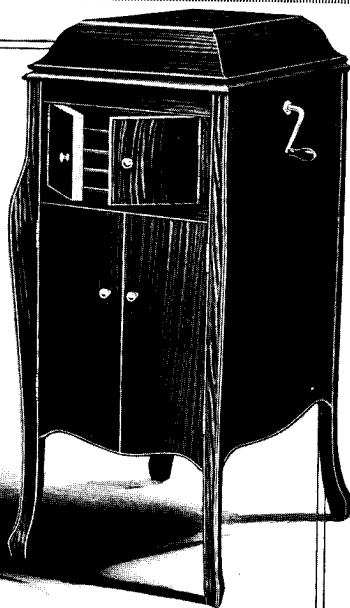
**VICTROLA IX—\$50.00**

Mahogany or oak cabinet, 14  $\frac{13}{16}$  inches high, 16  $\frac{1}{4}$  inches wide, 20  $\frac{3}{4}$  inches deep. 12-inch turntable. Nickel-plated Exhibition sound-box, Victor tapering tone arm and "goose neck" sound-box tube, brake, speed regulator and indicator. Extra heavy, double spring, spiral drive motor (can be wound while playing.) All metal parts nickel-plated.

### VICTROLA X.

\$75.00

Mahogany or oak cabinet with record racks, 41 15/16 in. high, 18 1/4 inches wide, 22 inches deep. 12-inch turntable. Nickel-plated Exhibition sound box, Victor tapering tone arm and "goose neck" sound-box tube, automatic brake, speed regulator and indicator. Extra heavy double spring, spiral drive motor (can be wound while playing.) All metal parts nickel-plated.



### VICTROLA XI

\$100.00

Mahogany or oak cabinet with record racks, 43 1/4 inches high, 19 1/4 inches wide, 23 3/4 inches deep. 12-inch turntable. Nickel-plated Exhibition sound box, Victor tapering tone arm and "goose neck" sound-box tube, automatic brake, speed regulator and indicator. Nickel-plated, extra heavy double spring, spiral drive motor (can be wound while playing.) All metal parts nickel-plated.



### VICTROLA XIV

\$150.00

Mahogany or oak cabinet, containing 6 Victor record albums for 102 records. Size, 45¼ inches high; 22¾ inches wide, 33 7/16 inches deep. 12-inch turntable. Nickel-plated Exhibition sound box, Victor tapering tone arm and "goose neck" sound-box tube, automatic brake, speed regulator and indicator. Nickel-plated, extra heavy triple spring, spiral drive motor (can be wound while playing.) All metal parts nickel-plated.

### VICTROLA XVI

Mahogany or Oak \$200  
Circassian Waln't \$250

Contains 14 Victor record albums for 231 records. Size, 49½ inches high, 24 inches wide, 25¼ inches deep. 12-inch turntable. Gold-plated, Exhibition sound-box, Victor tapering tone arm and "goose neck" sound-box tube, automatic brake, speed regulator and indicator. Nickel-plated, extra heavy triple spring, spiral drive motor (can be wound while playing. All metal parts 24 karat gold-plated.





**VICTOR I**  
Price \$25.

Oak cabinet, 12 $\frac{1}{2}$  x 12 $\frac{1}{2}$  x 5 $\frac{1}{2}$ . 10-inch turntable. Nickel-plated Exhibition or Improved Concert sound-box, Victor tapering tone arm and "goose neck" sound-box tube, brake and speed regulator. Single spring, spiral drive motor (can be wound while playing.) Black and gold Victor flower horn-21 $\frac{1}{2}$  inches long, 17-inch bell. If with No. 30 Victor oak horn, \$7.00 extra.

Victor II - \$32.50    Victor IV - \$ 50.00  
Victor III - \$40.00    Victor VI - \$100.00

**VICTOR V**  
Price \$60

Quartered oak cabinet, 16 $\frac{3}{4}$  x 16 $\frac{3}{4}$  x 7 $\frac{1}{8}$ . 12-inch turntable. Nickel-plated Exhibition or Improved Concert sound-box, Victor tapering tone arm and "goose neck" sound-box tube, brake, speed regulator and indicator. Extra heavy, triple spring, spiral drive motor (can be wound while playing.) Black and gold Victor flower horn, 26 inches long, 24-inch bell; or black japanned steel horn with 18 $\frac{1}{2}$ -inch brass bell. If with No. 30 Victor oak horn, \$3.00 extra. If with No. 31 Victor oak horn \$8.00 extra



