How to Dance the HORSE TROT

Invented by URIEL DAVIS.

POSITION

Face each other, gentleman places his right hand in centre of lady's back holding her out at the side at arms length—gentleman looks over lady's right shoulder and lady looks over man's right shoulder.

STEPS

1

TROTTING OR RUNNING STEP—Leap forward on right foot, (left foot off the floor)—count 1—leap forward on left foot, (right foot off the floor)—count 2—Repeat all (do not hop.)

2

Turning on same trotting step, raise feet about five inches from floor.

3

SIDE STEP—Step with right foot to side—count 1—bring left foot behind right foot—count 2—step again with right foot to side count 3—bring left foot behind right foot—count 4—and repeat all going side ways. (Keep up the trotting movement.)

4

BALANCE STEP—Step down with right foot—count 1—at the same time bring left foot to front lifting right foot up—count 2—step down with right foot again—count 3—at the same time bring left foot back—count 4–repeat all of this.

Above instructions are for the lady. Gentleman begins with left foot.

The dance counts 1-2-3-4-5-6-7-8.

FIRST—The trotting step forward 8 counts, same trotting step back 8 counts.

SECOND—The turning step to right 8 counts, turning step to left 8 counts.

THIRD—The side step 16 counts.

FOUR—Turning step to right 8 counts. Turning step to left 8 counts.

FIFTH—The trotting step forward 8 counts, same trotting step back 8 counts.

SIXTH—Turning step to left 8 counts, turning step torigil 8 counts.

SEVENTH—The balance step 16 counts.

Repeat all until the finish.

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The HORSE TROP American Dance

by URIEL Davis

> JEROME H. REMICK & CO. New York Detroit

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The Horse Trot

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American Dance



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The Horse Trot 4



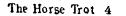
























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