INSTRUCTIONS FOR DANCING

THE TURKEY TROT

by

A. J. SHEAFE

Master of Dancing

Position: Side position of the Waltz*.

Steps:

Upon the first four counts (i. e. two measures) take four Boston steps without turning, the lady moving forward, the gentleman backward; bend the supporting knee while stretching the free foot backward (lady with the left, gentleman with the right).	2 measures
Repeat the above step-sentence in opposite direction.	2 measures
Execute four drawing steps to the side (lady with her right foot, gentleman with his left) swaying the shoulders and body in the direction of the drawn foot, and pointing with the free foot upon the fourth count.	2 measures
Repeat the above step-sentence in opposite direction.	2 measures
Four turns of the short Boston* or Two-step	8 measures
Repeat the complete figures of the above sixteen measures at will.	

The Boston Step:

Count 1: Step directly forward or backward and place entire weight perpendicularly over the active foot.

Count 2: Carry other foot quickly forward or backward a whole step, raising the supporting heel, but retaining the entire weight upon the supporting foot, and touch the floor with the point of the foot at the fullest extension. Turn half round upon the ball of the supporting foot, and drop supporting heel.

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* For detailed instructions regarding the various positions of the waltz, etc., see "The Fascinating Boston" by A. J. Sheafe, published by The Boston Music Co.

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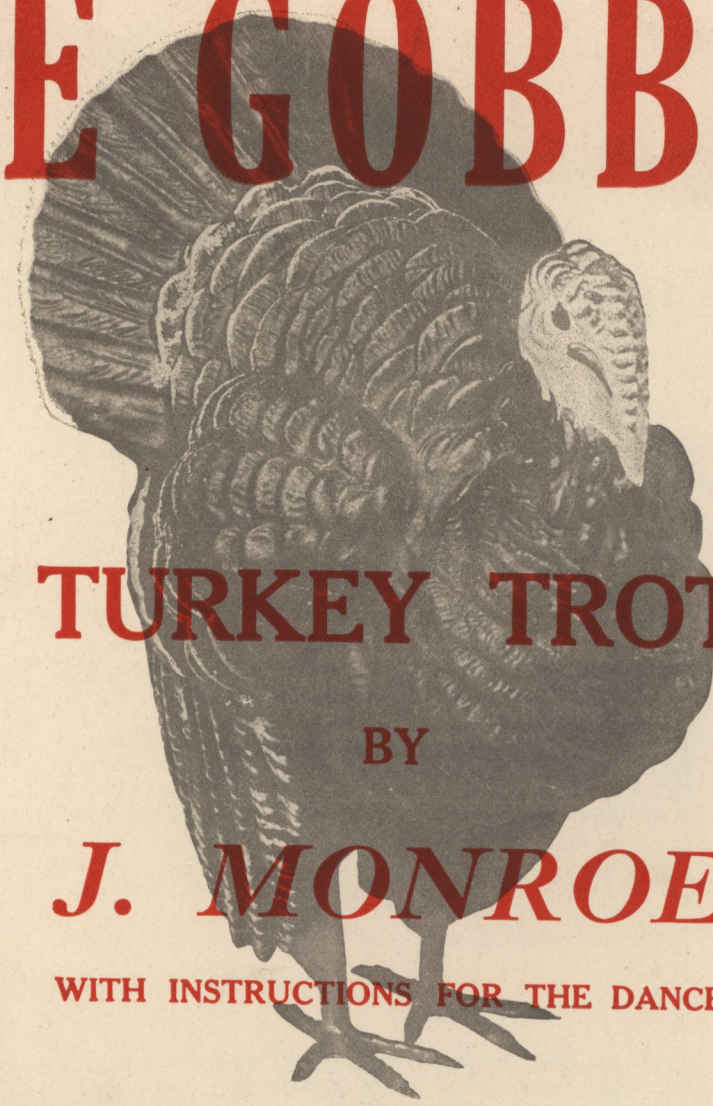
THE GOBBLER



TURKEY TROT

BY

J. MONROE

WITH INSTRUCTIONS FOR THE DANCE

BY

A. J. SHEAFE

PIANO SOLO		.50
SMALL ORCHESTRA	*n*	.80
LARGE ORCHESTRA	*n*	1.00

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The Gobbler
(Turkey Trot)

J. MONROE

With marked beat of the time (♩ = 72)

Piano

mf *sfz*

con Pedale

p *cresc.* *mf*

f

Ped. ✻ Ped. ✻

p

la melodia marcata

mf *molto cresc.*

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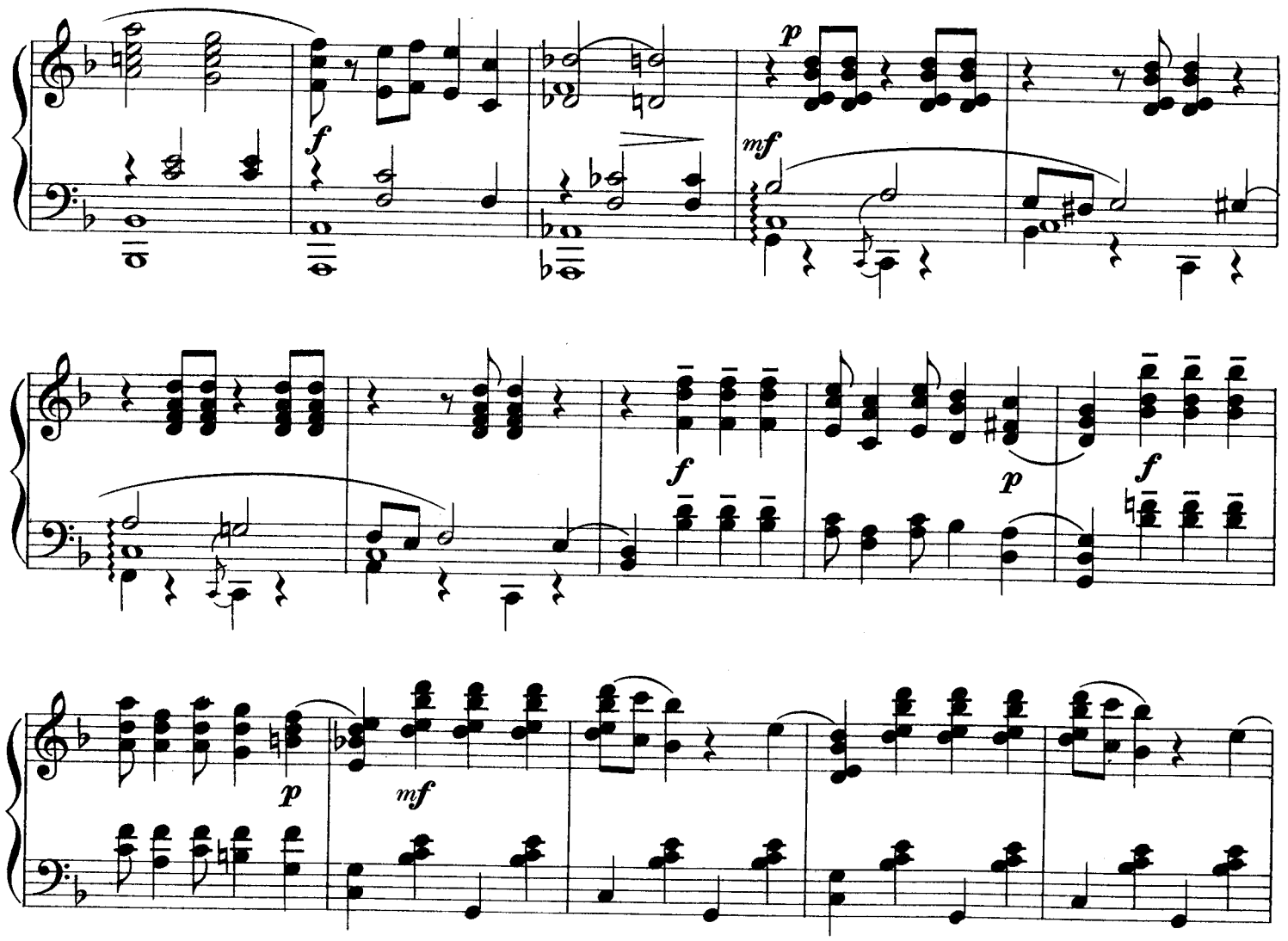
p
f
mf
f
p
f
p
mf
f
p
f
p
Fine
sfz

TRIO

mp leggieramente

mp

cresc.

mf

molto cresc.

f

ff

sffz

Da Capo al Fine ad lib