

THE SEVEN STEP

AS INVENTED & CREATED BY ADELE COLLIER



4TH STEP IN WALK



5TH STEP IN NATURAL TURN



5TH STEP IN THE SIDE-STEP



THE CROSS-STEP IN THE SWING-STEP

Photos by FRANK London

WORDS & MUSIC BY

BENNETT SCOTT

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Containing full description of the dance by ADELE COLLIER

THE SEVEN STEP

(COME, DO THE SEVEN)

Words and Music by

BENNETT SCOTT

INTRO. Andante

Voice

Piano

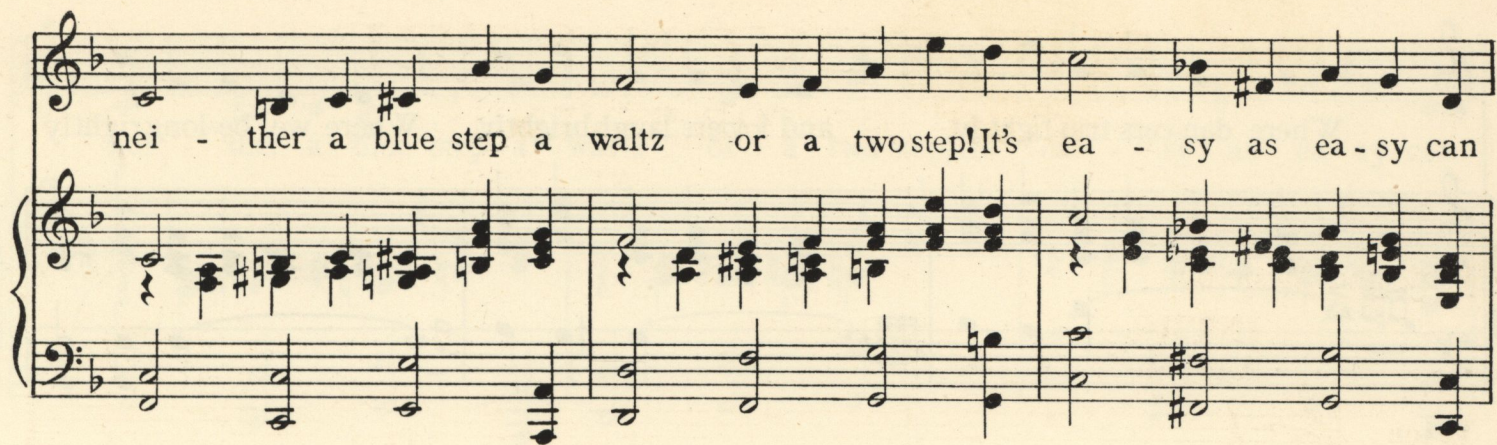
Come, do the Sev - en and we'll be in hea - ven, You

a tempo

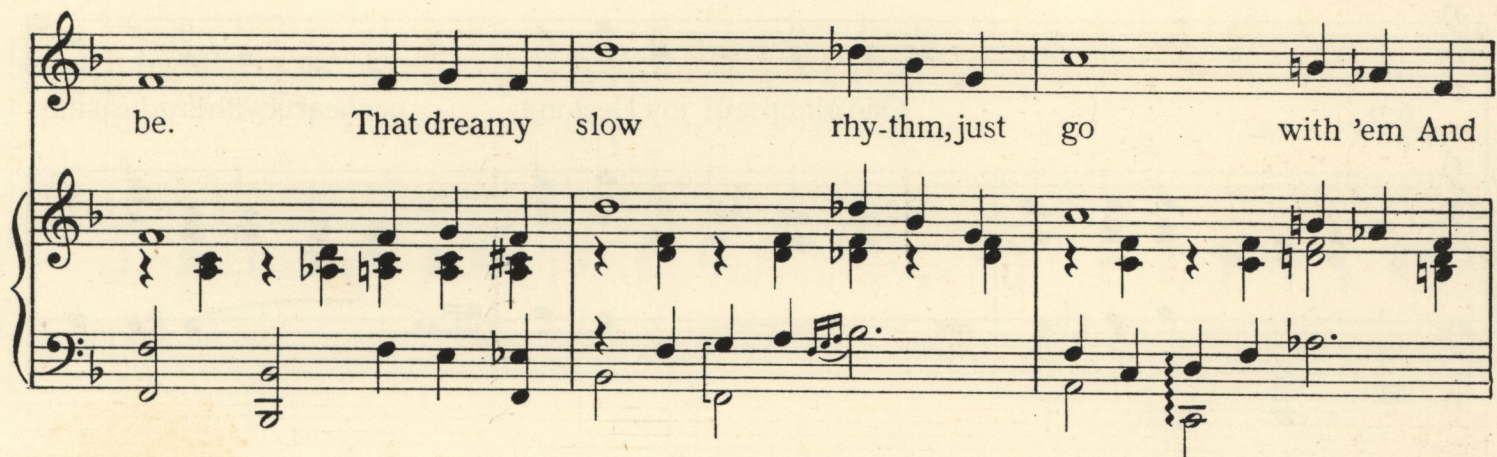
mp

count four and then you count three. And tho' it's

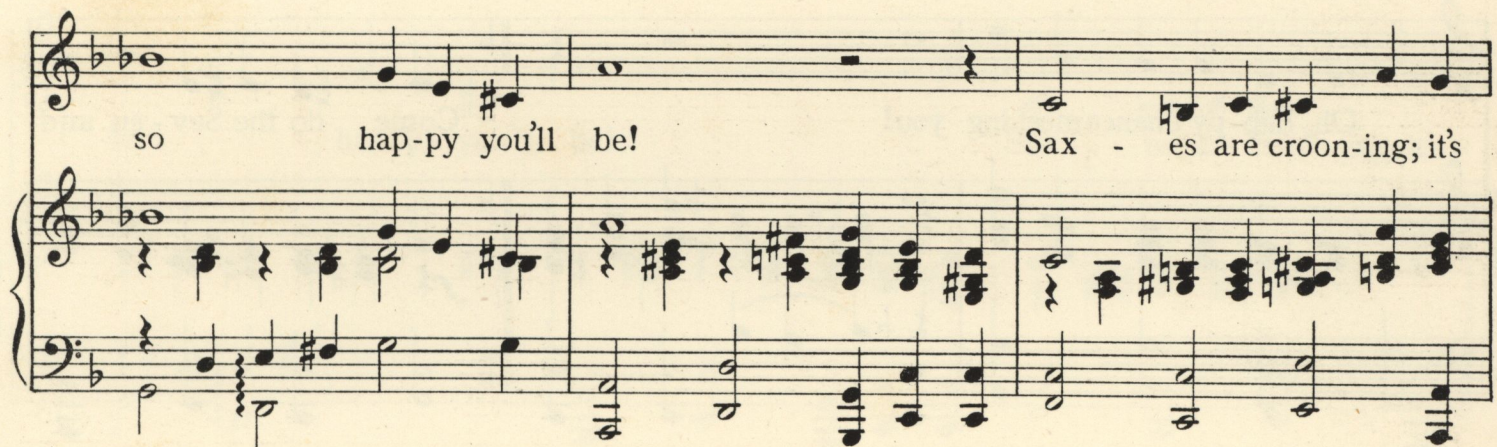
nei - ther a blue step a waltz or a two step! It's ea - sy as ea - sy can



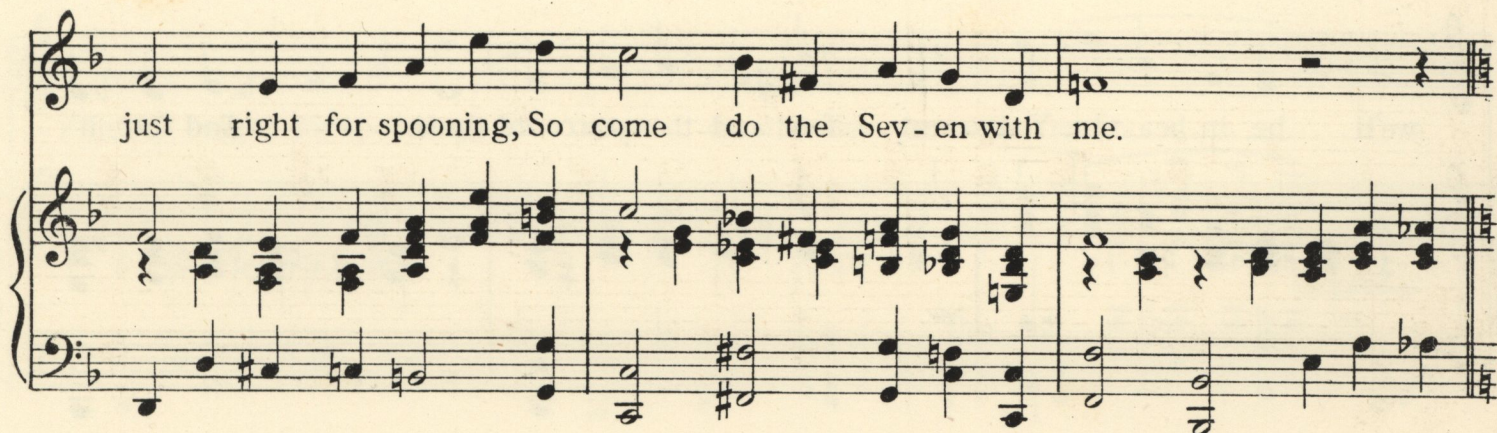
be. That dreamy slow rhy-thm, just go with 'em And



so hap-py you'll be! Sax - es are croon-ing; it's



just right for spooning, So come do the Sev - en with me.



Where dan-cers trip light-ly, and lov-ers laugh brightly, Where we be-long right-ly

The first system of music features a vocal line on a treble clef staff and a piano accompaniment on a grand staff (treble and bass clefs). The lyrics are: "Where dan-cers trip light-ly, and lov-ers laugh brightly, Where we be-long right-ly". The piano part includes a key signature change from one sharp (F#) to two sharps (F# and C#).

too. One glimpse of joy fleet-ing, our hearts with love beat-ing;

The second system continues the vocal line and piano accompaniment. The lyrics are: "too. One glimpse of joy fleet-ing, our hearts with love beat-ing;". The piano part continues with complex chordal textures and a key signature change to one flat (Bb).

Oh, hap-py chance meet-ing you! Come do the Sev-en and

The third system features a vocal line and piano accompaniment. The lyrics are: "Oh, hap-py chance meet-ing you! Come do the Sev-en and". The piano part includes a key signature change to two flats (Bb and F).

we'll be in hea-ven, You count four and then you count three. And tho' it's

The fourth system concludes the vocal line and piano accompaniment. The lyrics are: "we'll be in hea-ven, You count four and then you count three. And tho' it's". The piano part continues with a key signature of two flats.

nei - ther a blue step a waltz or a two step, It's ea - sy as ea - sy can

be. That dreamy slow rhy - thm, just go with 'em And

so hap - py you'll be! Sax - es are croon - ing; it's

just right for spooning, So come do the Sev - en with me!

THE SEVEN STEP



As invented and created by ADELE COLLIER



These four steps can be danced in any order. The Lady's steps are the same as the Gentleman's, commencing with the opposite foot.

THE WALK

Gentleman forward on right foot	Count 1
Gentleman forward on left foot	Count 2
Gentleman forward on right foot	Count 3
Close left foot to right foot	Count 4
Walk forward on right foot	Count 1
Walk forward on left foot	Count 2
Close right foot to left foot	Count 3
Repeat beginning with left foot.	

THE NATURAL TURN

Walk forward three steps starting with right foot and turning on third step place left foot against right without standing on it. Count 1, 2, 3, 4. Step back on left, count 1, side with right, count 2, close left to right, count 3.

THE REVERSE TURN

The Reverse Turn steps are exactly the same as the forward turn, beginning with the left foot instead of the right foot (Lady crosses left over on No. 3) on the last step.

THE SIDE STEP

Gentleman turns back to centre of room, Lady faces centre.

Gentleman slides left foot to left	Count 1
Closes with right, not standing on it	Count 2
Steps forward with right outside Lady	Count 3
Side with left	Count 4
Back with right	Count 1
Side with left	Count 2
Close right to left	Count 3

THE SWING STEP

Gentleman steps to side with left foot	Count 1, 2
Close right to left	Count 3
Forward with left outside, Lady turning on it	Count 4
Back on right	Count 1
Close left to right, not standing on it	Count 2, 3
Back on left still outside Lady	Count 1, 2
Cross right over	Count 3
Back on left, turning on it	Count 4
Side with right in front of partner	Count 1
Close left to right	Count 2, 3