

## **Richard's FNW Class in Dances in 5/4 and 10/8 time**

Easy: **DOUBLE BOSTON (TWO-STEP) in 5/4**

A Two-Step (side-close-side) in **2-1-2** timing. Slow-quick-slow. Rotate or not.

### **5/4 ROTARY WALTZ**

Half waltz and half two-step (quick waltz), counted 1-2-3; 4&5.

### **FOLLOW'S OUTSIDE UNDERARM TURN**

Just that, starting on count 1.

For those who know Reverse Waltz, **5/4 REVERSE WALTZ**

The same, but it's more fun for the Follow's role, speeding past on counts 4&5.

### **5/4 WALTZ AND PIVOT**

Half waltz on 1-2-3; pivot on 4. Hint: overturn half-waltz, coast on the pivot.

### **5/4 LEAP WALTZ AND STEP-HOP**

Half Leap Waltz on 1-2-3; Step-hop on 4-5.

For those who know Redowa, **AIR REDOWA**

Half Redowa on 1-2-3; Step-hop on 4-5. Possibly click heels toward LOD on 5.

### **TODAY'S FRENCH FIVE-STEP WALTZ** (Valse à Cinq Temps)

Half waltz on 1-2-3, chassé side-close toward LOD on 4-5. Repeat opposite.

### **USE THIS STEP FOR A TOO-FAST WALTZ**

Same step, but dance the chassé in canter timing, on 4-6.

### **EASIER VERSION**

Same step in reverse order: chassé on 1-3, then half waltz on 4-5-6. Repeat opposite.

### **TODAY'S FRENCH EIGHT-STEP WALTZ** (Valse à Huit Temps)

Full waltz on 1-2-3-4-5-6, chassé side-close toward LOD on 7-8.

### **ZWIEFACHER - ALTE KATH**

2 waltzes and 2 pivots

### **10/8 PIVOTS**

Similar, but replace each half-waltz with a side-close. A fast **3-3-2-2** timing.

### **10/8 SWING**

6-count swing in a fast **3-3-2-2** timing.

### **10/8 FOXTROT**

"Magic Step" Foxtrot (slow-slow-quick-quick) done in the same timing.

**5/4 SWING**

Like 6-count swing but in **2-1-1-1** timing. Step on counts 1, 3, 4, 5.

**5/4 TRIPLE SWING**

The same but starting with a triple step, counted: triple-step, step, rock-step.

**7/4 CROSS-STEP WALTZ**

Cross-Step Waltz counted 3-2-2. Slow-quick-quick.

**7/4 TANGO FROM 1914 - THE MODERATION**

Three-step patterns are counted 3-2-2.