

# THE LATEST - FOX TROT - DANCE CRAZE

# MENTEL'S FOX-TROT

## Directions for Dancing the Fox Trot

Take a position the same as in a Waltz, the lady and gentleman facing opposite directions.

1. The lady steps back with the right foot and the gentleman steps forward with the left foot, count 1, 2. The lady then steps back with the left foot and the gentleman steps forward with the right foot, count 3, 4. The above takes one Bar of Music.

Repeat the above three times. Count 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16. (Three Bars of Music.)

Note.—In the above you simply walk eight slow steps, taking one step for each two counts.

2. The lady, starting with the right foot, runs backward seven steps, count 1, 2, 3, 4, 5, 6, 7. In this figure the lady takes one step on each count instead of one step on every two counts as in Figure 1. On the eighth count the lady draws the left foot up to the right foot.

The gentleman starts with the left foot and runs forward seven steps, count 1, 2, 3, 4, 5, 6, 7. In this figure the gentleman takes one step on each count instead of one step on every two counts as in Figure 1. On the eighth count the gentleman draws the right foot up to the left foot. The above takes two Bars of Music.

Repeat No. 2, which will take two more Bars of Music.

3. Same as No. 1.

4. The lady, starting with the right foot, runs backward four steps, taking one step on each count. Count 1, 2, 3, 4 (one Bar of Music). (The Turn.) The lady swings the right foot around to the right and backward, at the same time make a quarter turn to the right with the body, count 5; swing the left foot around forward to the right; at the same time make another quarter turn to the right with the body, count 6; swing the right foot around again to the right and backward; at the same time make a quarter turn to the right with the body, count 7; swing the left foot around again forward to the right; at the same time make a quarter turn to the right with the body, count 8. (The Turn takes two Bars of Music.)

The above directions are for the lady. The gentleman uses his left foot when the lady uses her right foot, and his right foot when she uses her left foot. The gentleman also steps forward when the lady steps backward, and backward when the lady steps forward.

For more explicit directions and for other steps to be used in the Fox Trot and for directions for other modern dances, address The Associated Music Publishers Co., Cincinnati, Ohio.



..By..  
**LOUIS - H - MENTEL**

...COMPOSER OF...  
**MENTEL'S HESITATION WALTZ  
MORE MUSTARD ONE-STEP.  
MENTEL'S MAXIXE ETC...**

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CINCINNATI, OHIO.

# Mentel's Fox Trot

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LOUIS H. MENDEL

Composer of {  
Mentel's Hesitation Waltz  
More Mustard, One-Step  
Mentel's Maxixe etc.

## Introduction

Musical notation for the Introduction section, featuring a treble and bass clef staff with a 4/4 time signature. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#).

## Moderato

Musical notation for the Moderato section, featuring a treble and bass clef staff with a 4/4 time signature. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#). The dynamic marking *mf* is present.

Musical notation for the second system of the Moderato section, featuring a treble and bass clef staff with a 4/4 time signature. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#).

Musical notation for the third system of the Moderato section, featuring a treble and bass clef staff with a 4/4 time signature. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#). Triplet markings (3) are present above the melody.

Musical notation for the fourth system of the Moderato section, featuring a treble and bass clef staff with a 4/4 time signature. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#). Triplet markings (3) are present above the melody.

First system of musical notation for piano. The treble clef staff contains chords and dyads, while the bass clef staff contains a simple eighth-note accompaniment.

Second system of musical notation for piano. The treble clef staff features a more active melody with eighth-note runs, while the bass clef staff continues the accompaniment.

Third system of musical notation for piano. The treble clef staff returns to a chordal texture, and the bass clef staff maintains the eighth-note accompaniment.

Fourth system of musical notation for piano. The treble clef staff has a melodic line with some chromaticism, and the bass clef staff has a more complex accompaniment with some chords.

Fifth system of musical notation for piano. The treble clef staff features a melody with slurs and ties, and the bass clef staff has a complex accompaniment with many chords.

The first system of musical notation consists of two staves. The upper staff is in treble clef and contains a series of chords and melodic fragments, including a triplet of eighth notes. The lower staff is in bass clef and provides a harmonic accompaniment with chords and a few moving lines.

The second system of musical notation consists of two staves. The upper staff continues the melodic and harmonic material from the first system. The lower staff provides a consistent accompaniment.

The third system of musical notation consists of two staves. The upper staff features a more active melodic line with some slurs. The lower staff continues the accompaniment.

The fourth system of musical notation consists of two staves. The upper staff has a more complex melodic line with many beamed notes. The lower staff continues the accompaniment.

The fifth system of musical notation consists of two staves. The upper staff features a triplet of eighth notes. The lower staff continues the accompaniment, also featuring a triplet of eighth notes.

TRY THESE ON YOUR PIANO.

# MORE MUSTARD.

(PLUS MOUTARDE)

## One-Step



**Directions for Dancing  
The One Step**

1. The gentleman walks backward four steps, beginning with the left foot, counting 1, 2, 3, 4, and moving one step on each count. (The lady counters the same steps starting forward with the right foot.)

2. The gentleman walks forward three steps, beginning with the left foot, counting 1, 2, 3, and moving one step on each count. (The lady counters the same steps starting forward with the right foot.)

3. The gentleman walks forward four steps, beginning with the left foot, counting 1, 2, 3, 4, and moving one step on each count. (The lady counters the same steps starting forward with the right foot.)

4. The gentleman walks backward four steps, beginning with the left foot, counting 1, 2, 3, 4, and moving one step on each count. (The lady counters the same steps starting forward with the right foot.)

By **LOUIS MENTEL.**

COMPOSER OF  
MENTEL'S HESITATION WALTZ  
MENTEL'S TANGO ETC.

PUBLISHED BY  
LOUIS MENTEL  
CINCINNATI, O.

## THE GREAT ONE-STEP More Mustard One-Step

Directions for dancing the One-Step are printed on the title page, from which anyone can easily learn to dance it.

**LOUIS MENTEL**  
Composer of  
Mentel's Hesitation Waltz  
Mentel's Tango etc.

The musical score consists of five systems of piano accompaniment. Each system has a treble and bass clef. The music is in 2/4 time and features a simple, rhythmic melody with chords.

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## Mentel's Tango

Directions for dancing the Tango are printed on the title page, from which anyone can easily learn to dance it.

Moderato

LOUIS H. MENTEL

The musical score consists of five systems of piano accompaniment. Each system has a treble and bass clef. The music is in 2/4 time and features a more complex, rhythmic melody with chords, characteristic of a tango.

## Mentel's Maxixe La Matheiche Bresilienna

Directions for dancing the Maxixe are printed on the title page, from which anyone can easily learn to dance it.

LOUIS H. MENTEL

The musical score consists of five systems of piano accompaniment. Each system has a treble and bass clef. The music is in 2/4 time and features a rhythmic melody with chords, characteristic of a maxixe.

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